

Thomas V. Pollet

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Employment

Dept. of Psychology, [Northumbria University](#)

Professor in Psychology 2020-...

Dept. of Psychology, [Northumbria University](#)

Associate Professor in Psychology 2017-2020

Dept. of Social Psychology, [Leiden University](#)

Asst. Professor in Social and Organizational Psychology 2016-2017

Netherlands Institute for Advanced Study in the Humanities and Social Sciences ([N.I.A.S.](#))

Research Fellow 2015-2016

Dept. of Experimental and Applied Psychology, [VU University Amsterdam](#)

Asst. Professor in Social and Organizational Psychology 2011-2016

Dept. of Social Psychology, [University of Groningen](#)

Asst. Professor in Social Psychology 2008-2011

Education

[Northumbria University](#), HEA fellowship 2018

[VU University Amsterdam](#), University Teaching Qualification (BKO) 2012

[Newcastle University](#), Ph.D. in Psychology 2005-2008

[University of Liverpool](#), MSc. in Evolutionary Psychology (Distinction) 2004-2005

[Ghent University](#), Licentiate in Sociology (Great Distinction) 2002-2004

[University of Antwerp](#), Candidature in Sociology (Distinction) 2000-2002

Research statement and publications

My research focuses on understanding the wealth of **social relationships** people have (e.g., romantic relationships, friendships, family relationships) and understanding the role of **individual differences** (e.g., personality, height, hormones, ...) for these social relationships from an **inter-disciplinary framework**. To this end, I conduct survey, observational, and experimental studies, next to analysing secondary datasets. Furthermore, I am interested in (improving) **methodology and statistics** and frequently collaborate with others on diverse topics.

Here are what I personally consider to be my five best publications:

Peperkoorn, L.S., Hill, R.A., Barton, R.A. & Pollet, T.V. (2024). Meta-analysis of the red advantage in combat sports. *Scientific Reports*, 14, 30822. <https://doi.org/10.1038/s41598-024-81373-3>

Stulp, G., Buunk, A.P., Verhulst, S. & Pollet, T.V. (2015), Height Is Positively Related to Interpersonal Dominance in Dyadic Interactions. *PLoS ONE*, 10, e0117860.

Pollet, T.V., Tybur, J.M., Frankenhuys, W.E.F. & Rickard I.J. (2014), What can cross-cultural correlations teach us about human nature?. *Human Nature*, 25, 419-429.

Pollet, T.V. & Nettle, D. (2009), Market forces affect patterns of polygyny in Uganda. *Proceedings of the National Academy of Sciences – USA*, 106, 2114-2117.

Pollet, T.V. (2007), Genetic relatedness and sibling relationship characteristics in a modern society. *Evolution and Human Behavior*, 28, 176-185.

The most current publication list can be found [here](#). My researcherID: is [H-3397-2012](#) and my Scholar google profile is [here](#)

Journal Articles

Click the number for the corresponding paper to download a copy (it will open in a new window), if available. You will need something like adobe acrobat reader to read these papers. These papers are for reference only i.e. personal, educational, non-commercial use (also see the [disclaimer](#)).

Preprints

Bilalić, M., Vaci, N., Hönekopp, J., & **Pollet, T.V.** (2026, April 20). Studying the Best Can Mislead: Selection Bias in Expertise Research. *PsyArxiv* https://osf.io/preprints/psyarxiv/kz9ad_v2

Pollet, T.V., Bilalić, M., & Shepherd, L. (2026, March 12th). How consistent are UK university rankings of subjects and their shifts? An exploration using a robust ranking aggregation method. *PsyArxiv* https://doi.org/10.31234/osf.io/fdkj5_v3

Grugan, M., & **Pollet, T.V.** (2026, February 5). Optimising Cross-Institutional Comparisons in Large-Scale Student Surveys: An Illustration with the National Student Survey (NSS) in Russell Group Institutions. *PsyArxiv* https://osf.io/preprints/psyarxiv/yxkur_v1

Pollet, T.V., Adomaviciute, G., Haggag, N., Dodd, A., & Roberts, S.G.B. (2025, July 4). First-generation students' adaptation to university: The role of student social networks. *PsyArxiv* https://doi.org/10.31234/osf.io/d4y7g_v1

Brown, G., Curtis, V., & **Pollet, T.V.** (2022, January 25th). Gender, self-disclosure and emotional closeness in friendships: an egocentric social network study. *PsyArxiv* <https://doi.org/10.31234/osf.io/wexn9>

Szabelska, A., **Pollet, T.V.**, Dujols, O., Klein, R.A., & IJzerman, H. (2021, February 25). A Tutorial for Exploratory Research: An Eight-Step Approach. *PsyArxiv* <https://doi.org/10.31234/osf.io/cy9mz>

Boothroyd, L.G., **Pollet, T.V.**, Evans, E.H., Yi, Q., & Tovée, M.J. (2018, September 7th). Adaptation-like effects in body weight attractiveness are not simply norm based. *PsyArxiv* <https://doi.org/10.31234/osf.io/gsnkf>

2026/Accepted/in Press

147. **Pollet, T.V.**, Adomaviciute, G., Haggag, N., Dodd, A., & Roberts, S.G.B. (2026). An exploratory psychometric network analysis of the college adaptation questionnaire in a sample of first year

students. *PLoS ONE*, 21(5) e0348816. <https://doi.org/10.1371/journal.pone.0348816>

146. Shiramizu, V.K.M., Bartoš, F., Jones, B.C., & Pollet, T.V. (2026). Little evidence for group differences in 2D:4D ratios based on sexual orientation after adjusting for publication bias. *Hormones and Behavior*, 180, 105921. <https://doi.org/10.1016/j.yhbeh.2026.105921>

145. Pollet, T.V., Fitzpatrick, B., Meziani, S., Pashley, E.M., & Sefcikova, E. (2026). Revisiting the Relationship between Birth Order and Romantic Jealousy: No Support for an Effect in Four Samples. *Personality and Individual Differences*, 255 113638. <https://doi.org/10.1016/j.paid.2026.113638>

2025

144. Cook, C., Callahan, J.L., Elsey, V. & Pollet, T.V. (2025). In Search of a Professional Image: How Women Comedians Engage Gender in their Work. *Gender, Work & Organization* <https://doi.org/10.1111/gwao.70067>

143. Pollet, T.V., Bovet, J., Renner, E., & Barrett, L. (2025). An index of her own: An investigation of the proportion of women indexed in evolutionary psychology textbooks. *Human Ethology*, 40(1), 59-79. <https://doi.org/10.22330/001c.147268>

142. Shiramizu, V.K. M., Stern, J., Bartoš, F., Rafiee, Y., Pollet, T.V., & Jones, B.C. (2025). Testing the Congruency Hypothesis using meta-analysis: Are changes in oral contraceptive use correlated with partnered women's sexual satisfaction? *Hormones and Behavior*, 170, 105719. <https://doi.org/10.1016/j.yhbeh.2025.105719>

141. Orhan, M. A., Collisson, B., Howell, J. L., Kowal, M., & Pollet, T.V. (2025). Comparing Foodie Calls in Poland, the United Kingdom, and the United States: A Registered Replication Report. *Psychological Reports*, 128(2), 1004-1023. <https://doi.org/10.1177/00332941231164079>

140. Cook, C., Pollet, T.V. & Callahan, J.L. (2025). Acting gender: Actors' experiences of gender role conformity and hopes for their characters. *Psychology of Aesthetics, Creativity, and the Arts* 9(5), 1177-1188. <https://doi.org/10.1037/aca0000604>

2024

139. Peperkoorn, L.S., Hill, R.A., Barton, R.A. & Pollet, T.V. (2024). Meta-analysis of the red advantage in combat sports. *Scientific Reports*, 14, 30822. <https://doi.org/10.1038/s41598-024-81373-3>

138. Murphy-Morgan, C., Hodgson, P., Pollet, T.V., & Neave, N. (2024). A qualitative study of the impact of hoarding behaviours and social networks on older peoples supported housing decisions. *Health and Social Care in the Community* 5513833. <https://doi.org/10.1155/2024/5513833>

137. Pollet, T.V., Bovet, J., Buhaenko, R., Cornelissen, P.L., & Tovée, M.J. (2024). Sample characteristics for quantitative analyses in *Body Image*: Issues of generalisability. *Body Image*, 49, 101714. <https://doi.org/10.1016/j.bodyim.2024.101714>

136. Linden, A.H., Pollet, T.V., & Hönekopp, J. (2024). Publication Bias in Psychology: A Closer Look at the Correlation Between Sample Size and Effect Size. *PLoS ONE*, 19(2) e0297075. <https://doi.org/10.1371/journal.pone.0297075>

135. Roberts, S.G.B., Malcolm, C., McCarty, K., & Pollet, T.V. (2024). No relationships between self-reported Instagram use or type of use and mental well-being: A study using a nationally

representative online sample of UK adults. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 18(1), Article 3. <https://doi.org/10.5817/CP2024-1-3>

134. Delaney, T. W., **Pollet, T.V.**, & Cook, C. (2024). The mental well-being of Involuntary Celibates. *Personality and Individual Differences*, 218, 112474. <https://doi.org/10.1016/j.paid.2023.112474>

133. Thompson, A., & **Pollet, T.V.** (2024). An Exploratory Psychometric Network Analysis of Loneliness Scales in a Sample of Older Adults. *Current Psychology*, 43, 5428–5442. <https://doi.org/10.1007/s12144-023-04697-9>

132. **Pollet, T.V.**, Bilalić, M., & Shepherd, L. (2024). Consequences of arbitrary binning the mid-point category in survey data: An illustration with student satisfaction in National Student Survey. *Studies in Higher Education*, 49(11), 1945–1964. <https://doi.org/10.1080/03075079.2023.2284808>

131. Finister, C., **Pollet, T.V.**, & Neave, N. (2024). An exploratory factor analysis of the Nerdy Personality Attributes Scale in a sample of self-identified nerds/geeks. *The Social Science Journal*, 61(4), 899–907. <https://doi.org/10.1080/03623319.2021.1884775>

2023

130. Cook, C., **Pollet, T.V.** & Callahan, J.L. (2023). Acting gender: Actors' experiences of gender role conformity and hopes for their characters. *Psychology of Aesthetics, Creativity, and the Arts* <https://doi.org/10.1037/aca0000604>

129. Brown, R., Roberts, S. G. B., & **Pollet, T.V.** (2023). HEXACO personality factors and their associations with Facebook use and Facebook network characteristics. *Psychological Reports*, <https://doi.org/10.1177/00332941231176403>

128. Newman, A.V., **Pollet, T.V.**, McCarty, K., Neave, N. & Saxton, T.K. (2023). Consistency of Eye Coloration Across Different Relationship Partners. *Archives of Sexual Behavior*, 52, 291–300. [doi:10.1007/s10508-022-02450-0](https://doi.org/10.1007/s10508-022-02450-0)

127. Cook, C., Callahan, J.L., **Pollet, T.V.**, & Elliott, C. (2023). Gender(ed) performances: Women's impression management in stand-up comedy. *Human Relations*, 77(4), 533-559. [doi:10.1177/00187267221137996](https://doi.org/10.1177/00187267221137996)

2022

126. Bainbridge, S., Allsopp, S., & **Pollet, T.V.** (2022). Gender differences and mask wearing: an observational study on a University campus and a mini-meta-analysis. *Human Ethology*, 37, 36-45. <https://doi.org/10.22330/he/37/036-045>

125. Bilalić, M., Đokić, R., Koso-Drljević, M., Djapo, N. & **Pollet, T.V.** (2022). When (deliberate) practice is not enough – the role of intelligence, practice, and knowledge in academic performance. *Current Psychology* [doi:10.1007/s12144-022-03336-z](https://doi.org/10.1007/s12144-022-03336-z)

124. Bove, J., Tognetti, A., & **Pollet, T.V.** (2022). Methodological issues when using face prototypes: A case study on the Faceaurus dataset. *Evolutionary Human Sciences*, 4, E48. [doi:10.1017/ehs.2022.25](https://doi.org/10.1017/ehs.2022.25)

123. Thompson, A., Smith, M.A., McNeill, A., & **Pollet, T.V.** (2022). Friendships, loneliness and psychological well-being in older adults: A limit to the benefit of increasing the number of friendships. *Ageing & Society* 1-26. [doi:10.1017/S0144686X22000666](https://doi.org/10.1017/S0144686X22000666)

122. Rippon, D., Shepherd, J., Wakefield, S., Lee, A. & **Pollet, T.V.** (2022). The role of self-efficacy and self-esteem in mediating positive associations between functional social support and psychological well-being in people with a mental health diagnosis. *Journal of Mental Health* doi:10.1080/09638237.2022.2069695.

121. **Pollet, T.V.**, Thompson, A., Malcolm, C., McCarty, K., Saxton, T.K., & Roberts, S.G.B. (2022). Are we measuring loneliness in the same way in men and women in the general population and in the older population? Two studies of measurement equivalence. *PLoS ONE*, 17(12), e0266167. doi:10.1371/journal.pone.0266167

120. **Pollet, T.V.**, & Shepherd, L. (2022). Subscales in the National Student Survey (NSS): Some considerations on their structure. *Journal of Further and Higher Education*, 46(9), 1195-1211 doi:10.1080/0309877X.2022.2060069

119. Metcalfe, D., McKenzie, K., McCarty, K., **Pollet, T.V.**, & Murray G. (2022). An exploration of the impact of contextual information on the emotion recognition ability of autistic adults. *International Journal of Psychology*, 57(3), 433-442. doi:10.1002/ijop.12834

2021

118. Lloyd, A., Brown, G., & **Pollet, T.V.** (2021). A meta-analysis of the reliability of the Sexual Self-Esteem Inventory for Women (SSEI-W) measure. *Psychology & Sexuality* <https://doi.org/10.1080/19419899.2021.1984982>.

117. Sillence, E., Saxton, T.K., & **Pollet, T.V.** (2021). Facebook: Social Uses and Anxiety - A Replication Attempt. *Human Communication & Technology*, 2(1), 19-36. <https://doi.org/10.31234/osf.io/bvgyx>

116. Cheyne, T., Smith, M.A., & **Pollet, T.V.** (2021). Egocentric network characteristics of persons with Type 1 Diabetes and their relationships to perceived social support and well-being. *Health Psychology and Behavioral Medicine*, 9(1), 662-680. <https://doi.org/10.1080/21642850.2021.1951272>

115. **Pollet, T.V.**, Dawson, S., Tovée, M.J., Cornelissen, P.L., & Cornelissen, K.K. (2021). Engagement with fat talk as a function of social comparison and body image concerns: Two replication studies support main effects but do not support an interaction effect. *Body Image*, 38, 317-324. <https://doi.org/10.1016/j.bodyim.2021.05.005>

114. Mohamed, S., Kramer, R.S.S, Thornborrow, T., **Pollet, T.V.**, Cornelissen, P.L., & Tovée, M.J. (2021). 3D visualisation of psychometric judgements of the ideal male body. *Body Image*, 38, 295-305. <https://doi.org/10.1016/j.bodyim.2021.05.003>

113. Brown, R.M., Roberts, S.G.B., & **Pollet, T.V.** (2021). Loneliness is negatively related to Facebook network size, but not related to Facebook network structure. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 15(2), article 6. <https://doi.org/10.5817/CP2021-2-6>

112. Finister, C., **Pollet, T.V.**, & Neave, N. (2021). An exploratory factor analysis of the Nerdy Personality Attributes Scale in a sample of self-identified nerds/geeks. *The Social Science Journal* <https://doi.org/10.1080/03623319.2021.1884775>

111. Malcolm, C., Saxton, T.K., McCarty, K., Roberts, S.G.B., & **Pollet, T.V.** (2021). Extraversion is associated with advice network size, but not network density or emotional closeness to network members. *Personality and Individual Differences*, 168 110311 <https://doi.org/10.1016/j.paid.2020.110311>

2020

110. Haigh, M., Birch, H.A. & **Pollet, T.V.** (2020). Does 'Scientists believe'? imply 'All scientists believe...'? Individual differences in the interpretation of generic news headlines. *Collabra: Psychology*, 6, 17174. <https://doi.org/10.1525/collabra.17174>
109. Saxton, T.K., **Pollet, T.V.**, Panagakis, J., Round, E., Brown, S., & Lobmaier, J. (2020). Children aged 7 – 9 prefer cuteness in baby faces, and femininity in women's faces. *Ethology*, 126, 1048-1060. <https://doi.org/10.1111/eth.13081>
108. Elder, G.J., Wetherell, M.A., **Pollet, T.V.**, Barclay, N.L., & Ellis, J.G. (2020). Experienced demand does not affect subsequent sleep and the cortisol awakening response. *Nature and Science of Sleep*, 12, 537-543. <https://doi.org/10.2147/nss.s231484>
107. Simanko, V., Rimmer, B., & **Pollet, T.V.** (2020). No evidence that middleborns feel less close to family and closer to friends than other birth orders. *Heliyon*, 6, e03825. [open access https://doi.org/10.1016/j.heliyon.2020.e03825](https://doi.org/10.1016/j.heliyon.2020.e03825)
106. **Pollet, T.V.** & Saxton, T.K. (2020). Jealousy as a Function of Rival Characteristics: Two Large Replication Studies and Meta-Analyses Support Gender Differences in Reactions to Rival Attractiveness But Not Dominance. *Personality and Social Psychology Bulletin*, 46(10), 1428-1443. <https://doi.org/10.31234/osf.io/28yvp>
105. McCarrick, D.J., Brewer, G., Lyons, M., **Pollet, T.V.**, & Neave, N. (2020). Referee height influences decision making in British football leagues. *BMC Psychology*, 8, 4. [open access https://doi.org/10.1186/s40359-020-0370-4](https://doi.org/10.1186/s40359-020-0370-4)
104. Saxton, T.K., McCarty, K., Caizley, J., McCarrick, D., & **Pollet, T.V.** (2020). Hungry People Prefer Larger Bodies and Objects: The Importance of Testing Boundary Effects. *British Journal of Psychology*, 111, 492-507. <https://doi.org/10.1111/bjop.12417>
103. Irwing, P., Cook, C., **Pollet, T.V.**, & Hughes, D. (2020). Comedians' mean level and stage personalities: Evidence for goal-directed personality adaptation. *Personality and Social Psychology Bulletin*, 46(4), 590-602. <https://doi.org/10.1177/0146167219867963>

2019

102. Cornelissen, K.K., Widdrington, H., McCarty, K., **Pollet, T.V.**, Tovée, M.J., & Cornelissen, P.L. (2019). Are attitudinal and perceptual body image the same or different? Evidence from high-level adaptation. *Body Image*, 31, 35-47. <https://doi.org/10.1016/j.bodyim.2019.08.001>
101. Saxton, T.K., Hart, S., Desai, L., & **Pollet, T.V.** (2019). Can people detect ideological stance from facial photographs? *Human Ethology*, 34, 17-25. <https://doi.org/10.22330/he/34/017-025>
100. Knapen, J.E.P, **Pollet, T.V.**, & van Vugt, M. (2019). When Better Seems Bigger: Perceived Performance of Adult Professional Football Players Is Positively Associated With Perceptions of Their Body Size. *Evolutionary Psychology*, 17, <https://doi.org/10.1177/1474704919841914>
99. Metcalfe, D., McKenzie, K., McCarty, K., & **Pollet, T.V.** (2019). Emotion recognition from body movement and gesture in children with Autism Spectrum Disorder is improved by situational cues. *Research in Developmental Disabilities*, 86, 1-10. <https://doi.org/10.1016/j.ridd.2018.12.008>
98. Irvine, K.R., McCarty, K., **Pollet, T.V.**, Cornelissen, K.K., Tovée, M.J., & Cornelissen, P.L. (2019). The visual cues that drive the self-assessment of body size: dissociation between fixation

patterns and the key areas of the body for accurate judgement. *Body Image*, 29, 31-46. <https://doi.org/10.1016/j.bodyim.2019.02.006>

97. **Pollet, T.V.**, & Saxton, T.K. (2019). How diverse are the samples used in the journals 'Evolution & Human Behavior' and 'Evolutionary Psychology'? *Evolutionary Psychological Science*, 5, 357-368. open access <https://doi.org/10.1007/s40806-019-00192-2>

96. **Pollet, T.V.**, Costello, J., Groeneboom, L., Peperkoorn, L.S., & Wu, J. (2019). Do red objects enhance sexual attractiveness? No evidence from two large replications. *Displays*, 56, 23-29. <https://doi.org/10.17605/OSF.IO/3BFWH>

95. Manesi, Z., Van Lange, P.A.M., Van Doesum, N.J., & **Pollet, T.V.** (2019). What are the most powerful predictors of charitable giving to victims of typhoon Haiyan: Prosocial traits, socio-demographic variables, or eye cues? *Personality and Individual Differences*, 146, 217-225. <https://doi.org/10.1016/j.paid.2018.03.024>

94. Irvine, K.R., McCarty, K., McKenzie, K.J., **Pollet, T.V.**, Cornelissen, K.K., Tovée, M.J., & Cornelissen, P.L. (2019). Distorted body image influences body schema in individuals with negative bodily attitudes. *Neuropsychologia*, 122, 38-50. <https://doi.org/10.1016/j.neuropsychologia.2018.11.015>

93. Martin, R., Metcalfe, D., **Pollet, T.V.**, McCarty, K., & McKenzie, K. (2019). A preliminary investigation into the relationship between empathy, autistic like traits and emotion recognition. *Personality and Individual Differences*, 137, 12-16 <https://doi.org/10.1016/j.paid.2018.07.039>

2018

92. **Pollet, T.V.**, Saxton, T.K. & Mitchell, M. (2018). Measurement equivalence between men and women in the abbreviated social and emotional loneliness scale for adults (SELISA). *Interpersona*, 12, 283-292. <https://doi.org/10.5964/ijpr.v12i2.316>

91. Morina, N., Stam, K., **Pollet, T.V.**, & Priebe, S. (2018). Prevalence of depression and post-traumatic stress disorder in adult civilian survivors of war who stay in war-afflicted regions. A systematic review and meta-analysis of epidemiological studies. *Journal of Affective Disorders*, 239, 328-338. <https://doi.org/10.1016/j.jad.2018.07.027>

90. O'Dowd, E. & **Pollet, T.V.** (2018). Gender Differences in Use of a Pedestrian Crossing: An Observational Study in Newcastle upon Tyne. *Letters on Evolutionary Behavioral Science*, 9(1), 1-4. <https://doi.org/10.5178/lebs.2018.65>

89. Tulin, M., **Pollet, T.V.**, & Lehmann-Willenbrock, N. (2018). Perceived group cohesion versus actual social structure: A study using social network analysis of egocentric Facebook networks. *Social Science Research*, 74, 161-175. <https://doi.org/10.1016/j.ssresearch.2018.04.004>

88. Ronay, R., van der Meij, L., Oostrom, J.K. & **Pollet, T.V.**, (2018). No Evidence for a Relationship Between Hair Testosterone Concentrations and 2D:4D ratio or Risk Taking. *Frontiers in Behavioral Neuroscience*, 12, 30. <https://doi.org/10.3389/fnbeh.2018.00030>

2017

87. Knapen, J.E.P, Blaker, N.M. & **Pollet, T.V.**, (2017). Size, Skills, and Suffrage: Motivated Distortions in Perceived Formidability of Political Leaders. *PLoS ONE*, 12(12), e0188485. <https://doi.org/10.1371/journal.pone.0188485>

86. **Pollet, T.V.**, Stoevenbelt, A.H. & Kuppens, T. (2017). The potential pitfalls of studying adult sex ratios at aggregate levels in humans. *Philosophical Transactions of the Royal Society B*, 372, 20160317. <https://doi.org/10.1098/rstb.2016.0317>
85. Manesi, Z. & **Pollet, T.V.** (2017). No Support for the Watching Eyes Effect Across Three “Lost Letter” Field Experiments. *Letters on Evolutionary Behavioral Science*, 8, 12-15. <https://doi.org/10.5178/lebs.2017.56>
84. **Pollet, T.V.** & Little, A.C. (2017). Baseline probabilities for two-alternative forced choice tasks when judging stimuli in Evolutionary Psychology: a methodological note. *Human Ethology Bulletin*, 32, 53-59. <https://doi.org/10.22330/321/053-059>
83. McFarland, R., Murphy, D., Lusseau, D., Henzi, S.P., Parker, J.L., **Pollet, T.V.** & Barrett, L. (2017). The “strength of weak ties” among female baboons: fitness-related benefits of social bonds. *Animal Behaviour*, 126, 101-106. <https://doi.org/10.1016/j.anbehav.2017.02.002>
82. Stulp, G., Simons, M.J.P., Grasman, S. & **Pollet, T.V.** (2017). Assortative mating for human height: a meta-analysis. *American Journal of Human Biology*, 29, e22917 <https://doi.org/10.1002/ajhb.22917>
81. **Pollet, T.V.** & van der Meij L. (2017). To remove or not to remove: the impact of outlier handling on significance testing in testosterone data. *Adaptive Human Behavior and Physiology*, 3, 43-60. <https://doi.org/10.1007/s40750-016-0050-z>

2016

80. Peperkoorn, L.S., Roberts, S.C. & **Pollet, T.V.** (2016), Revisiting the Red Effect on Attractiveness and Sexual Receptivity: No Effect of the Color Red on Human Mate Preferences. *Evolutionary Psychology*, 14, [doi:10.1177/1474704916673841](https://doi.org/10.1177/1474704916673841)
79. Morina, N., Koerssen, R. & **Pollet, T.V.** (2016). Interventions for children and adolescents with posttraumatic stress disorder: a meta-analysis of comparative outcome studies. *Clinical Psychology Review*, 47, 41-54. <https://doi.org/10.1016/j.cpr.2016.05.006>
78. Molho, C., Roberts, S.G.B., de Vries, R.E. & **Pollet, T.V.** (2016). The Six Dimensions of Personality (HEXACO) and their Association with Network Layer Size and Emotional Closeness to Network Members. *Personality and Individual Differences*, 99, 144-148. <https://doi.org/10.1016/j.paid.2016.04.096>
77. de Vries, R.E., Tybur, J.M., **Pollet, T.V.** & van Vugt, M. (2016). Evolution, Situational Affordances, and the HEXACO Model of Personality. *Evolution and Human Behavior*. 37, 407-421. <https://doi.org/10.1016/j.evolhumbehav.2016.04.001>
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14. **Pollet, T.V.** & Nettle, D. (2009). Birth order and family relationships in adult life: Firstborns report better sibling relationships than laterborns. *Journal of Social and Personal Relationships*, 26, 1029-1046. <https://doi.org/10.1177/0265407509347940>

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12. Roberts, S.G.B., Dunbar, R.I.M., **Pollet, T.V.** & Kuppens, T. (2009). Exploring variation in active network size. *Social Networks*, 31, 138-146. <https://doi.org/10.1016/j.socnet.2008.12.002>

11. **Pollet, T.V.**, Nelissen, M. & Nettle, D. (2009). Lineage based differences in grandparental investment: Evidence from a large British cohort study. *Journal of Biosocial Science*, 41, 353-379. <https://doi.org/10.1017/S0021932009003307>

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9. Nettle, D. & Pollet, T.V. (2008). Natural selection for male wealth. *American Naturalist*, 172, 658-666. <https://doi.org/10.1086/591690>
8. Pollet, T.V. & Dunbar, R.I.M. (2008). Childlessness predicts helping of nieces and nephews in United States, 1910. *Journal of Biosocial Science*, 40, 761-770. <https://doi.org/10.1017/S0021932007002659>
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5. Pollet, T.V., Nettle, D. & Nelissen, M. (2007). Maternal grandmothers do go the extra mile: factoring distance and lineage into differential investment in grandchildren. *Evolutionary Psychology*, 5, 832-843. <https://doi.org/10.1177/147470490700500411>
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3. Pollet, T.V. (2007). Genetic relatedness and sibling relationship characteristics in a modern society. *Evolution and Human Behavior*, 28, 176-185. <https://doi.org/10.1016/j.evolhumbehav.2006.10.001>

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2. Pollet, T.V., Nettle, D. & Nelissen, M. (2006). Contact frequencies between grandparents and grandchildren in a modern society: Estimates of the impact of paternity uncertainty. *Journal of Cultural and Evolutionary Psychology*, 4, 203-214. <https://doi.org/10.1556/JCEP.4.2006.3-4.1>
1. Pollet, T.V., Kuppens, T. & Dunbar, R.I.M. (2006). When nieces and nephews become important: Differences between childless women and mothers in relationships with nieces and nephews. *Journal of Cultural and Evolutionary Psychology*, 4, 83-93. <https://doi.org/10.1556/jcep.4.2006.2.1>

Book chapters

Buunk, A.P., Massar, K., Pollet, T.V. & Dijkstra, P. (2011), Intrasexual competition within organizations. In: Saad, G. (ed.). *Evolutionary Psychology in the Business Sciences* (pp. 41-70). New York: Springer.

Pollet, T.V. & Hoben A.D. (2011), An evolutionary perspective on siblings: rivals and resources. In: Salmon C.A. & Shackelford T. K. (eds.). *Handbook of Evolutionary Family Psychology* (pp. 128-148). Oxford: Oxford University Press.

Buunk, A.P., & Pollet, T.V. (2009), Evolutionaire Sociale Psychologie. In Tiemeyer, W., Thomas, C.A. & Prast, H. (Eds.). *De menselijke beslisser: over de psychologie van keuze en gedrag* (pp. 239-267). Amsterdam: Amsterdam University Press.

Other Publications & media coverage.

- Research which I have authored or co-authored has been covered extensively in the British press (e.g. The Daily Telegraph; The Financial Times; The Daily Mail; BBC news online; The Scotsman; The Sunday Times; New Scientist; Times Higher Education; The Guardian) and in the international press (e.g. The Economist; Corriere della serra; Der Spiegel; The Times of India; The Australian; Eos; De Standaard; De Telegraaf; Het Laatste Nieuws; Knack; Psychologie Magazine; Marie-Claire). I estimate that well over a 100 popular press articles have been written about my(/our) work. Please contact me if you have any queries.
- Multiple appearances on local, national, and international radio (e.g., BBC Radio Tyneside, FunXfm).
- News paper article on evolutionary psychology in a Belgian newspaper (De Tijd, 21-03-2006)
- News paper article on research on the evolution of colour preferences in a Belgian newspaper (De Standaard, 23-08-2007)

Research Funding.

Collaborations with the private sector.

- [Instagram research award](#) for research project on loneliness (\$50,000) 2019-2020
- Collaboration with [Dinox](#) female health research (amount undisclosed). 2009-2012
- Collaboration with [Pantarhei Bioscience](#) (>€1,000,000; exact amount undisclosed). 2009-2012

Research grants.

- [BA Leverhulme small grant](#) Tokenism in evolutionary psychology textbooks? Fact checking the use of non-human animal and cultural exemplars, and claims of universality. (with Jeanne Bovet, £8,956) 2022-2023.
- [Peace Grant: Samuel B. Hanser Visionary Grant](#) on social networks for decision making (consultant, led by Sam Roberts and Peter Malinowski, \$25,000) 2022-2023.
- [Sir Halley Stewart trust](#) on social networks for decision making (with Nick Neave and Catherine Bailey, £31,757) 2021-2022.
- [Templeton Grant](#) on prosocial behavior (with Paul van Lange and Zoi Manesi, \$195,000) 2013-2016.
- [NWO - VENI: The Napoleon Complex: Fact or Fiction](#) (€250,000) 2011-2014
- [French-Dutch Academy: Van Gogh grant](#) (with Bram Buunk and [ISEM](#), up to €10,000) 2010-2011
- [FWO](#) – International research network grant (€62,500, 6 partners). 2009-2014
- [University of Groningen](#) Ubbo Emmius (with Bram Buunk €120,000) 2009-2013
- [Newcastle University](#) scholarship (>£80,000) 2005-2008.
- [Lazard foundation: Career development loan \(MSc.\)](#) (up to €25,000) 2004-2005
- (various smaller faculty grants for equipment, totalling >€10,000; various grants, sponsors and donations for hosting EHBEA conference: totalling >€10,000).

(Co-)Supervision of Ph.D. students

I am/was involved in the external supervision of other students, here I list the students at the universities I worked at. I have been an internal examiner as well as part of external Ph.D. committees for the University of Antwerp, University of Essex, University of Groningen, University of Helsinki, University of Stirling, University of Vienna (x2), and the University of Wolverhampton.

Current: [Lorna Govan](#) Northumbria University.

Current: [Amy Sorrell](#) Northumbria University.

Current: [Aashira Sial](#) Northumbria University.

Current: [Connor Malcolm](#) Northumbria University.

Graduated 2023: [Alexandra Thompson](#) Northumbria University.

Graduated 2017: [Zoi Manesi](#) VU University Amsterdam

Graduated 2017: [Jill Knapen](#) VU University Amsterdam

Graduated 2017: [Nancy Blaker](#), VU University Amsterdam

Graduated 2013: [Kelly Cobey](#), University of Groningen

Graduated 2013: [Gert Stulp](#), University of Groningen

Graduated 2012: [Liga Klavina](#), University of Groningen

Awards/nominations.

Awarded [EHBEA community service award](#) in 2026.

Paper on intralocus sexual conflict with G. Stulp as lead author included in [Faculty1000](#) in 2012.

[IPUMS](#) paper finalist in 2009. (Top 10 paper in 2009 based on IPUMS data)

Nominated as Honorary Belgian American Exchange Foundation ([BAEF](#)) Fellow (2008).

Teaching.

I have been teaching for over 15 years in various roles, my courses are generally positively evaluated. I have three certificates demonstrating my teaching qualities: 1) Postgraduate certificate for Teaching (Newcastle University), 2) BKO: Qualification for Teaching by Dutch Universities (VU University Amsterdam) and 3) HEA Fellowship (Northumbria University). Most of my teaching revolves around evolutionary and social psychology, next to methodology, and is taught in English.

I acted as a Director of Learning and Teaching (Experience) at my psychology dept (Northumbria University, 2017-2019). This involved coordination of induction, coordination of open days, leading staff-student programme committees, liaising with programme leaders on student experience, coordinating our departmental NSS strategy. I also represented our department at relevant faculty and university-wide meetings.

The most gratifying aspect of my teaching is that several of the students, which I supervise produce work which has been subsequently published in peer reviewed journals (e.g., papers 43,46,47,53,61,64,67,120).

Courses Taught

[Advanced Quantitative and Qualitative Research Methods](#) (lecturer/coordinator, Research Masters in Psychology, 2019-..).

[Advanced Quantitative Research Methods](#) (lecturer, Research Masters in Psychology, 2017-2019).

Research on Human Nature (lecturer, BSc. Psychology, year 2, 2018-2020)

Intergroup relations (contributor, MSc. Psychology, 2016-2017)

Economic and Consumer Psychology (contributor, BSc. Psychology, year 2, 2016-2017)

Introduction into Social Psychology (contributor, BSc. Psychology, year 1, 2016-2017)

Evolution and Social Behavior (lecturer/coordinator, Research Masters in Psychology, 2012-2015)

Group Dynamics (lecturer, BSc. Psychology, year 3, 2014-2015)

Methods III in Psychology (co-coordinator, BSc. Psychology, year 3; 2014-2015).

Research internship in Psychology (contributor, multiple levels, 2009-current).

Evolution and Human Behavior (lecturer/coordinator, BA. honours course, 2012-2013)

Interpersonal Processes (lecturer, Research Masters. in Psychology; 2011-2012)

Evolutionary Psychology of Interpersonal processes (lecturer, BSc. Psychology, year 3; 2009-2011).

Capita selecta in Evolutionary Psychology (lecturer, Ma. in Psychology; 2009-2011).

Social psychology of communication (contributor, Ma. in Psychology; 2010-2011).

Methods II in Psychology (contributor, BSc. Psychology, year 2; 2008-2011).

Research practical in Psychology (contributor, BSc. Psychology, year 2; 2009-2011).

Theses (BSc. (>80 completed) and Ma. (>35 completed), 2008-current)).

Honours student projects and Traineeships.

Miscellaneous guest lectures for courses at all levels on statistical methods, leadership, behavioural biology, interpersonal communication. You can find some sample lectures [here](#).

Professional Experience

Reproducible Research lead (Dept. of psychology, 2021-...). In this role I promote Reproducible Research in our dept. I also am part of the university-wide committee for the implementation of responsible research assessment.

Research and Knowledge Exchange cluster Lead ([Evolution and Social Interaction](#), 2021-2023): I was the Head of this cluster and I facilitated staff in developing their research, grant applications, and knowledge exchange.

[UKRN](#) Institution lead (2021-2024). In this role I promoted Reproducible Research at our institution and help developing policy with a cross-institution consortium.

[UKRN](#) Local Network Lead (2019-2021). In this role I promoted Reproducible Research at our institution at a local level.

Editorial board member for [International Review of Social Psychology](#) (2019-...)

Editorial board member for *Frontiers in Psychology* (Evolutionary Psychology and Neuroscience) (2014-2016)

Regular reviewer for journals such as *Proceedings of the National Academy of Sciences*, *Nature Communications*, *Proceedings of the Royal Society Series B*, *PLOS one*, *Evolution and Human Behavior*, *Human Nature*, *Journal of Personality and Social Psychology*, *Psychological Science*, *Animal Behaviour*, *Cyberpsychology, Behavior and Social Networking*, *American Journal of Human Biology*, *American Journal of Physical Anthropology*, *Journal of Cross-Cultural Psychology*, *Journal of Theoretical Biology*, *Personality and Social Psychology Bulletin*, *Personality and Individual Differences*, *Human Biology*, *Journal of Biosocial Science*, *Personal Relationships*, *Journal of Social and Personal Relationships*, *Social Psychological and Personality Science*, *European Journal of Social Psychology*, *Studies in Higher Education*, *Evolutionary Psychology*, *Psychological Reports*, *PeerJ*, *Evolutionary Behavioral Sciences*, *Evolutionary Psychological Science*, *Frontiers in Psychology*, *Frontiers in Sociology*, *Evolutionary Human Sciences*, *Body Image*, *Behaviour*, and *Journal of Evolutionary Psychology*.

[FWO](#) council member (2012-2015).

Reviewing for funding agencies: [Katholieke Universiteit Leuven](#) (Belgium), [Agence Nationale de la Recherche](#) (France), [FWO](#) (Belgium), [ESRC](#) (UK), [National Science Foundation](#).

Organizer of [EHBEA 2013](#) conference at VU University Amsterdam (>200 attendees) and [EHBEA 2025](#) conference at Northumbria University

Administration, [ASAB](#) conference, (Newcastle University; summer 2007)

Researcher, Robin I.M. Dunbar (University of Liverpool; 2004-2005)

Researcher, CRM (Organization for retired self-employed, Belgium; 2004)

Collaborators.

No man is an island. Honestly, I would not have made it this far were it not for my great colleagues (past and present).

Here are some people I have collaborated / am collaborating with.

Northumbria: [Merim Bilalic](#), [Jeanne Bovet](#), [Genavee Brown](#), [Clare Cook](#), [Katri Cornelissen](#), [Piers Cornelissen](#), [Matthew Haigh](#), [Philip Hodgson](#), [Johannes Hönekopp](#), [Kris McCarty](#), [Karen McKenzie](#), [Dale Metcalfe](#), [Nick Neave](#), [Amy Newman](#), [Gillian Pepper](#), [Daniel Rippon](#), [Tamsin Saxton](#), [Lee Shepherd](#), [Elizabeth Sillence](#), [Michael Smith](#), [Martin Tovée](#), [Gemma Wilson](#).

Other institutions: [Louise Barrett](#) (Lethbridge), [Lynda Boothroyd](#) (Durham), [Bram Buunk](#) (Groningen), [Kelly Cobey](#) (Ottawa), [Simon Dalley](#) (Groningen), [Niels van Doesum](#) (Leiden), [Robin Dunbar](#) (Oxford), [Tim Fawcett](#) (Exeter), [Willem Frankenhuis](#) (Nijmegen), [Ton Groothuis](#) (Groningen), [Peter Henzi](#) (Lethbridge), [Hans Ijzerman](#) (Grenoble Alpes), [Toko Kiyonari](#) (Aoyama), [Toon Kuppens](#) (Groningen), [Paul van Lange](#) (VU Amsterdam), [Nale Lehmann-Willenbrock](#) (Hamburg), [Anthony Little](#) (Bath), [Leander van der Meij](#) (Eindhoven), [Nexhmedin Morina](#) (Münster), [Mark Nelissen](#) (Antwerp), [Daniel Nettle](#) (Newcastle), [Janneke Oostrom](#) (VU Amsterdam), [Jan-Willem van Prooijen](#) (VU Amsterdam), [S. Craig Roberts](#) (Stirling), [Sam Roberts](#) (Liverpool John Moores),

Richard Ronay (Amsterdam), Mirre Simons (Sheffield), John Skelhorn (Newcastle), Michael Stirrat (York, St. Johns), Gert Stulp (Groningen), Joshua Tybur (VU Amsterdam), Reinout de Vries (VU Amsterdam / UTwente), Simon Verhulst (Groningen), Mark van Vugt (VU Amsterdam), Roger Whitaker (Cardiff).